



Happy Halloween!!!

Some Great Resources and Safety Tips to Make the Day Fun!

Social stories:

<http://www.frsd.k12.nj.us/autistic/Holidays/Halloween/trick%20or%20treat.htm> - trick or treat (no illustrations)

http://www.frsd.k12.nj.us/autistic/Holidays/Halloween/wearing_a_costume.htm - wearing a costume (no illustrations)

http://www.frsd.k12.nj.us/autistic/young_autistic/Fall/Halloween/Happy%20Halloween3.htm - short social story about Halloween.

<http://www.slatersoftware.com/Halloween%20Social%20Story.pdf> - Halloween social story with pictograms.

<http://www.djUSD.k12.ca.us/pioneer/lburgos/SocialStories.htm> - Halloween pumpkin

<http://www.ccsd.edu/files/filesystem/Going%20Trick%20or%20Treating.pdf>.
Illustrated trick or treat story

Other useful resources:

<http://www.bellaonline.com/articles/art58780.asp/zzz> - lots of links pertaining to Halloween, including some that are autism specific.

<http://autism.about.com/od/autismhowtos/ht/halloween.htm> - "How to enjoy Halloween with your child who has autism" This is a wonderful "how to" article.

http://troopers.state.ny.us/Publications/Crime_Prevention/halloweencrbk.pdf.
Halloween safety coloring book. This is so cute you have to print this out and share it with your kids.



Tricks, Treats, Costumes & Safety

Red Cross Halloween Safety Tips for Kids and Adults

With witches, goblins, and super-heroes descending on neighborhoods across America, the American Red Cross offers parents some safety tips to help prepare their children for a safe and enjoyable trick-or-treat holiday. Halloween should be filled with surprise and enjoyment, and following these practices can keep events safer and more fun.

- Walk, slither, and sneak on sidewalks, not in the street.
- Look both ways before crossing the street to check for cars, trucks, and low-flying brooms.
- Cross the street only at corners.
- Don't hide or cross the street between parked cars.
- Wear light-colored or reflective-type clothing so you are more visible. (And remember to put reflective tape on bikes, skateboards, and brooms, too!)
- Plan your route and share it with your family. If possible, have an adult go with you.
- Carry a flashlight to light your way.
- Keep away from open fires and candles. (Costumes can be extremely flammable.)
- Visit homes that have the porch light on.
- Accept your treats at the door and never go into a stranger's house.
- Use face paint rather than masks or things that will cover your eyes.
- Be cautious of animals and strangers.
- Have a grown-up inspect your treats before eating. And don't eat candy if the package is already opened. Small, hard pieces of candy are a choking hazard for young children.
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More information about [Health and Safety Services](http://www.redcross.org/services/hss/):
<http://www.redcross.org/services/hss/>

Halloween Safety Tips

From the Los Angeles Fire Department



BEFORE HALLOWEEN:

- Plan costumes that are bright and reflective. Make sure that shoes fit well and that costumes are short enough to prevent tripping, entanglement or contact with flame.
- Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility.
- Secure emergency identification (name, address, phone number) discreetly within Halloween attire or on a bracelet.
- Because a mask can limit or block eyesight, consider **non-toxic and hypoallergenic makeup** or a decorative hat as a safe alternative.
- When shopping for costumes, wigs and accessories purchase only those with a label indicating they are flame resistant.
- Think twice before using simulated knives, guns or swords. If such props must be used, be certain they do not appear authentic and are soft and flexible to prevent injury.
- Obtain flashlights with fresh batteries for all children and their escorts.
- Plan ahead to use only battery powered lanterns or chemical light sticks in place of candles in decorations and costumes.
- This is also a great time to buy **fresh batteries for your home Smoke Alarms**.
- Teach children their home phone number and to how call 9-1-1 (or their local emergency number) if they have an emergency or become lost. Remind them that 9-1-1 can be dialed free from any phone.
- Review with your children the principle of "Stop-Drop-Roll", should their clothes catch on fire.
- Openly discuss appropriate and inappropriate behavior at Halloween time.
- Consider purchasing individually packaged healthy food alternatives (or safe non-food treats) for those who visit your home.
- Take extra effort to eliminate tripping hazards on your porch and walkway. Check around your property for flower pots, low tree limbs, support wires or garden hoses that may prove hazardous to young children rushing from house to house.
- **Learn or review CPR** skills to aid someone who is choking or having a heart attack.
- Consider **safe party guidelines** when hosting an Adult or Office Party.





FUN ALTERNATIVES:

- Find a special event or start one in your own neighborhood.
- Community Centers, Shopping Malls and Houses of Worship may have organized festivities.
- Share the fun by arranging a visit to a Retirement Home or Senior Center.
- Create an alliance with College Fraternities, Sororities or Service Clubs for children's face painting or a carnival.



BEFORE NIGHTFALL ON HALLOWEEN:

- A good meal prior to parties and trick-or-treating will discourage youngsters from filling up on Halloween treats.
- Consider fire safety when decorating. Do not overload electrical outlets with holiday lighting or special effects, and do not block exit doors.
- While children can help with the fun of designing a Jack O' Lantern, leave the carving to adults.
- Always keep Jack O' Lanterns and hot electric lamps far away from drapes, decorations, flammable materials or areas where children and pets will be standing or walking.
- Plan and review with your children the route and behavior which is acceptable to you.
- Do not permit children to bicycle, roller-blade or skateboard.
- Agree on a specific time when revelers must return home.
- Along with flashlights for all, older children and escorts should wear a wristwatch and carry coins for non-emergency phone calls.
- Confine, segregate or otherwise prepare household pets for an evening of frightful sights and sounds. Be sure that all dogs and cats are wearing collars and proper identification tags. Consult your veterinarian for **further advice**.
- Remind all household drivers to remain cautious and drive slowly throughout the community.
- Adult partygoers should establish and reward a designated driver.

Make sure to download a Child Safety ID card from the L.E.A.N. On Us website and have it filled out to be prepared for any type of an emergency. You can use a stamp pad for the thumb prints, affix any picture (head shots from school are best) and laminate the card after filling it out. There are also some other tips, and onlooker autism awareness cards that can be handed out while trick-or-treating if needed.

www.leanonus.org



WHEN TRICK-OR-TREATING:

- A Parent or responsible Adult should always accompany young children on their neighborhood rounds.
- Remind Trick-or-Treaters:
 - By using a flashlight, they can see and be seen by others.
 - Stay in a group, walk slowly and communicate where you are going.
 - Only trick-or-treat in well known neighborhoods at homes that have a porch light on.
 - Remain on well-lit streets and always use the sidewalk.
 - If no sidewalk is available, walk at the farthest edge of the roadway facing traffic.
 - Never cut across yards or use alleys.
 - Never enter a stranger's home or car for a treat.
 - Obey all traffic and pedestrian regulations.
 - Always walk. Never run across a street.
 - Only cross the street as a group in established crosswalks (as recognized by local custom).
 - Remove any mask or item that will limit eyesight before crossing a street, driveway or alley.
 - Don't assume the right of way. Motorists may have trouble seeing Trick-or-Treaters. Just because one car stops, doesn't mean others will.
 - Never consume unwrapped food items or open beverages that may be offered.
 - No treats are to be eaten until they are thoroughly checked by an Adult at home.
 - Law Enforcement authorities should be notified immediately of any suspicious or unlawful activity.



AFTER TRICK-OR-TREATING:

- Wait until children are home to sort and check treats. Though tampering is rare, a responsible Adult should closely examine all treats and throw away any spoiled, unwrapped or suspicious items.
- Try to apportion treats for the days following Halloween.
- Although sharing is encouraged, make sure items that can cause choking (such as hard candies), are given only to those of an appropriate age.

We wish you a safe and happy Halloween!



S Swords, knives, and similar costume accessories should be short, soft, and flexible.

A Avoid trick-or-treating alone. Walk in groups or with a trusted adult.

F Fasten reflective tape to costumes and bags to help drivers see you.

E Examine all treats before eating them for choking hazards and tampering.

H Hold a flashlight while trick-or-treating to help you see and others see you.

A Always test make-up in a small area first and remove it before bedtime to prevent skin and eye irritation.

L Look both ways before crossing the street. Use established crosswalks wherever possible.

L Lower your risk for serious eye injury by not wearing decorative contact lenses.

O Only walk on sidewalks or on the far edge of the road facing traffic to stay safe.

W Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.

E Eat only commercially-wrapped treats. Avoid eating homemade treats unless you know the chef well.

E Entering homes for treats should be avoided unless accompanied by a trusted adult.

N Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

Halloween Fun Page to Color and Find the Halloween Words



Tricky Halloween Word Search



c s c a r y m m u m o o n
 j k a f l o w e r e w k t
 h c y r e t s n o m l h r
 c w k i n d k i h o d s i
 t l o g i r e g a o w p c
 i h o h k a l h l r y i k
 w y p t p c e t l b p d o
 c d s e m u t s o c e e r
 h b t n u l o c w a e r t
 b o i m p a n a e l r i r
 l n r h a u n t e d c p e
 a e i b m o z m n r j m a
 c s p a s n i l b o g a t
 k w s t s o h g w n a v g



bat	ghosts	scary
black	goblins	skeleton
bones	halloween	spider
broom	haunted	spirits
caldron	monster	spooky
cat	moon	trick or treat
costumes	mummy	vampire
creepy	night	werewolf
dracula	owl	witch
frighten	pumpkin	zombie